The basic format for abstracts:

- The relevant track should be indicated at the **top left corner** of the **first page**
- Paper size and Orientation: A4
- All margins except left: 1". Left margin: 1.25". Gutter: 00
- Font: English Times New Roman, 12 points; Line spacing: 1, one column of text.
- No Header or Footer except 15 mm Footer for page numbering
- Title
 - Font type and size: English -Times New Roman and Upper case, Sinhala FMAbhaya,
 - \circ font size 14
 - Centred text in bold
 - Abstract titles should be short, but descriptive. Informative titles, indicating key points are encouraged. Abbreviations should not be used in the title.

• Content

- o Paragraph Justified, No indent, No extra spacing before or after, No special effects
- Scientific names should be in italics.
- Insert Picture Yes, for Figure and Table (Maximum 2)
- Insert -Text Box Yes, for Figure or Table titles, if any. (Maximum 2)
- Format Text Box Layout Wrapping style = Square, Horizontal alignment = Left or Right
- \circ Flow-charts Inside a Text Box and letter size of 10 12 pt.

• Affiliations

- Font size: 10
- Names should be indicated with superscript Arabic numbers appearing at the end of surname / family name
- A superscript asterisk should be used for the corresponding author
- If there are more than one name and address, they should be related by superscript numbers